

## Market Fresh - Cooking with the Seasons Week-End Retreat



Spend a relaxing week-end nestled in nature indulging in fresh local fare. Sharon Booy, owner and chef at Sharon Dishes will be your guide to the season's freshest foods and show you how to prepare them simply and beautifully, to bring out their best. Come enjoy a weekend of fresh food, a cooking demonstration and take home some fabulous recipes.

*For more information on Sharon Dishes, please visit [www.sharondishes.com](http://www.sharondishes.com)*

Arrive at your leisure on Friday evening. We will start the week-end with a welcome reception beginning at 7:00 P.M.

Spend Saturday at your leisure. Enjoy all the property has to offer or take a picnic lunch out to one of the near-by water falls or other area attractions. Our featured cooking event will begin at 5:00 P.M. Sit down at the chef's table for an exciting and educational cooking demonstration. Relax, ask questions and indulge in all the chef's creations.

Following a hearty brunch served mid-morning on Sunday, you will depart at your leisure feeling refreshed and renewed.

The program cost of \$150 per person plus HST includes all meals and refreshments. The cost of accommodation will be added to the program cost and will vary depending on the occupancy and the room you select. Please check our Guest Stays page for your accommodation options.

Space is limited. Please contact us for further details and to reserve your spot.

